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Application Note

Metabolomic and Lipidomic Profiling of Extracellular Vesicles with the Xevo™ G3 QTof

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Abstract

Lipidomic and metabolomic LC-MS workflows are widely used for determining potential biomarkers of disease and gaining a greater understanding of the underlying biology of the system being studied. Typically, biomarkers are present in a variety of formats and are routinely isolated from biological fluids such as plasma, serum, or urine. More recently however, extracellular vesicles (EVs) have generated interest as potential biomarker candidates. In this application note, we assess different sample preparation buffers which can be applied to EVs, allowing for optimal lipidomic and metabolomic extracts.

Benefits

- Comprehensive metabolomic and lipidomic profiling, combined with relative, label-free quantification using the data independent workflow, MS^E

- Xevo G3 QTof allows for deep profiling of the lipidome and metabolome, demonstrating 5-orders of in-sample dynamic range

- Utilization of the ACQUITY™ Premier LC provides enhanced recovery of polar metabolites/lipids (*e.g.*, phosphorylated species), which is particularly critical for low abundant, biologically relevant compounds

- Data processing and compound identification was achieved using in-house software tools (*i.e.,* waters_connect™) in addition to being compatible with third party solutions such as Lipostar and MARS

- Compatibility of outputs from in-house and third-party software tools with statistical/data visualization tools such as MetaboAnalyst, highlights the flexibility of the workflow, providing greater statistical and compound identification coverage

Introduction

Extracellular vesicles (EVs) are a group of heterogeneous, non-proliferating, nanoparticles with a lipid bilayer membrane. EVs are shed from almost all cells and carry a cargo of DNA, RNA, lipids, proteins, and metabolites that reflect cellular origin. Circulating EV's in a range of biological fluids, including peripheral blood, can be readily monitored and are physiologically representative of their parental cell. The concentrations at which they are found in these biological fluids also appears to be disease-state dependent.[1] Recently, EVs have been identified as potential biomarkers of disease, particularly for areas including oncology and neurology for example. [2–3] Subsequently, omic studies investigating vesicle communication pathways have been conducted. The aim of the work outlined here was to optimize a multi-omic sample preparation method for EV enriched samples, which would be compatible with LC-MS analyses.

Experimental

Sample Preparation

C2C12 murine myoblasts cells were proliferated to confluence and then differentiated into myotubes following the American Type Culture Collection (ATCC) guidelines.[4] EVs were then isolated from the media using a differential ultracentrifugation process. Three different lysis buffers were used to assess the extraction viability for LC-MS analysis. These buffers consisted of (i) 2% sodium dodecyl sulfate (SDS); (ii) 2% SDS with 20 mM Tris; (iii) No lysis buffer (NLB).

LC Conditions (Metabolomics - HILIC)

LC system:	ACQUITY Premier FTN
Columns:	ACQUITY UPLC™ BEH™ Amide (2.1 mm x 100 mm, 1.7μm; p/n: 186009505)
Column temperature:	40 ˚C
Injection volume:	2 μL partial loop
Flow rate:	0.7 mL/min
Mobile phase A:	5:95 Acetonitrile:Water + 0.1% Formic Acid, 10 mM Ammonium Formate
Mobile phase B:	95:5 Acetonitrile:Water + 0.1% Formic Acid, 10 mM Ammonium Formate
Gradient:	Initial 100% B; 100-80% B, 0.1-5.0 min; 80-50% B, 5.0-6.0 min; 50% B, 6.0-6.5 min; 50-100% B, 6.5-7.0 min; re-equilibrate to initial conditions 7.0-10.0 min.

LC Conditions (Lipidomics – Reversed Phase)

LC system:	ACQUITY Premier FTN
Columns:	ACQUITY Premier CSH™ C$_{18}$ (2.1 mm x 100 mm, 1.7μm; p/n: 186009461)
Column temperature:	55 °C
Injection volume:	2 μL partial loop

Flow rate:	0.4 mL/min
Mobile phase A:	600:390:10 Acetonitrile:Water:1 M Ammonium formate, 0.1% formic acid
Mobile phase B:	900:90:10 IPA:Acetonitrile:1 M Ammonium formate, 0.1% formic acid
Gradient:	Initial 50% B; 50-53% B, 0.5 min; 53-55% B, 0.5-4.0 min; 55-65% B, 4.0-7.0 min; 65-80% B, 7.0-7.5 min; 80-99% B, 7.5-10 min; 99% B, 10-11 min; re-equilibrate to initial conditions 11-12 min.

MS Conditions

MS system:	Xevo G3 QTof
Source:	ESI
Ionization mode:	ESI+/-
Capillary voltage:	2.8 (+)/1.5 (-) kV
Sampling cone:	40 V
Source temperature:	150 °C
Desolvation temperature:	500 °C
Cone gas flow:	150 L/hr
Desolvation flow:	900 L/hr

Collision energy: Ramp applied from 20–45 eV

Scan time: 0.1 sec

Informatics

Data were processed using a variety of software platforms, including Lipostar and MARS (Mass Analytica, Barcelona, Spain). Statistical analysis was conducted using the embedded statistical tools within the software platforms used to process the data, in addition to MetaboAnalyst.[5] Further data visualization was performed using Spotfire (Tibco, Palo Alto, CA, USA).

Results and Discussion

Data corresponding with EV related metabolomic and lipidomic extracts based on different extraction protocols were acquired with the data independent acquisition (DIA), MS^E, using the Xevo G3 QTof. The subsequent data were then processed using a variety of informatic tools (Figure 1). Statistical analysis of the processed data relating to the lipidomic extracts, highlighted significant differences between the various extraction methods. Unsupervised principal component analysis (PCA) representing the reversed-phase (RP) analysis (ESI+) is provided in Figure 2. The technical replicates (n=3) for each extraction method are tightly clustered, indicating high technical reproducibility of the system (also observed for the ESI- data). Clear separation between the three extraction protocols suggests significant differences in the analytes extracted and/or the quantity in which they are extracted. The associated loadings plot represents the features responsible for the observed differences from the PCA, which were subject to database searching.

Comparing the most statistically relevant lipids, the classes which were predominantly identified included triglycerides, sphingomyelins, and phospholipids (Figure 3). Comparing across the three buffer conditions, the majority of the phospholipids/sphingomyelins were shown to be present at higher abundance with the tris buffer, whilst a smaller proportion of phospholipids were more highly abundant when using NLB conditions, (Figure 3 – Heatmap/box-whisker plots).
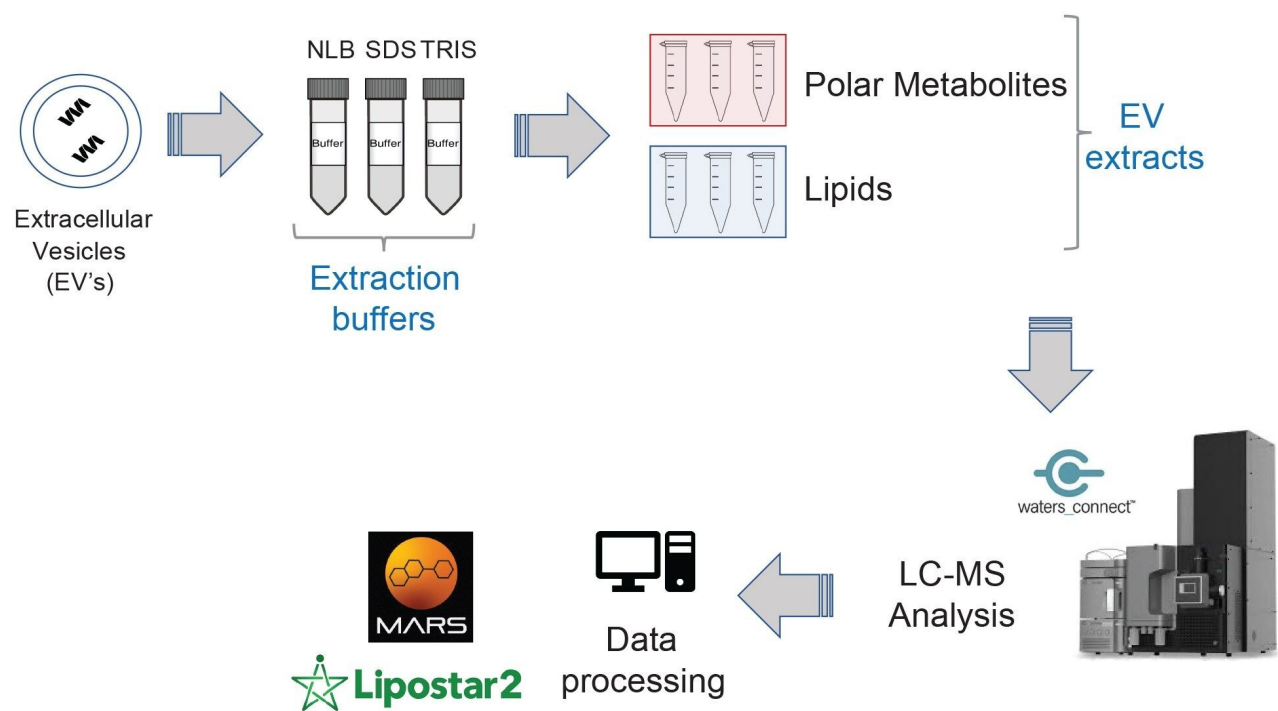
Figure 1. Experimental workflow outlining the LC-MS analysis of the EV extracts and subsequent data processing.
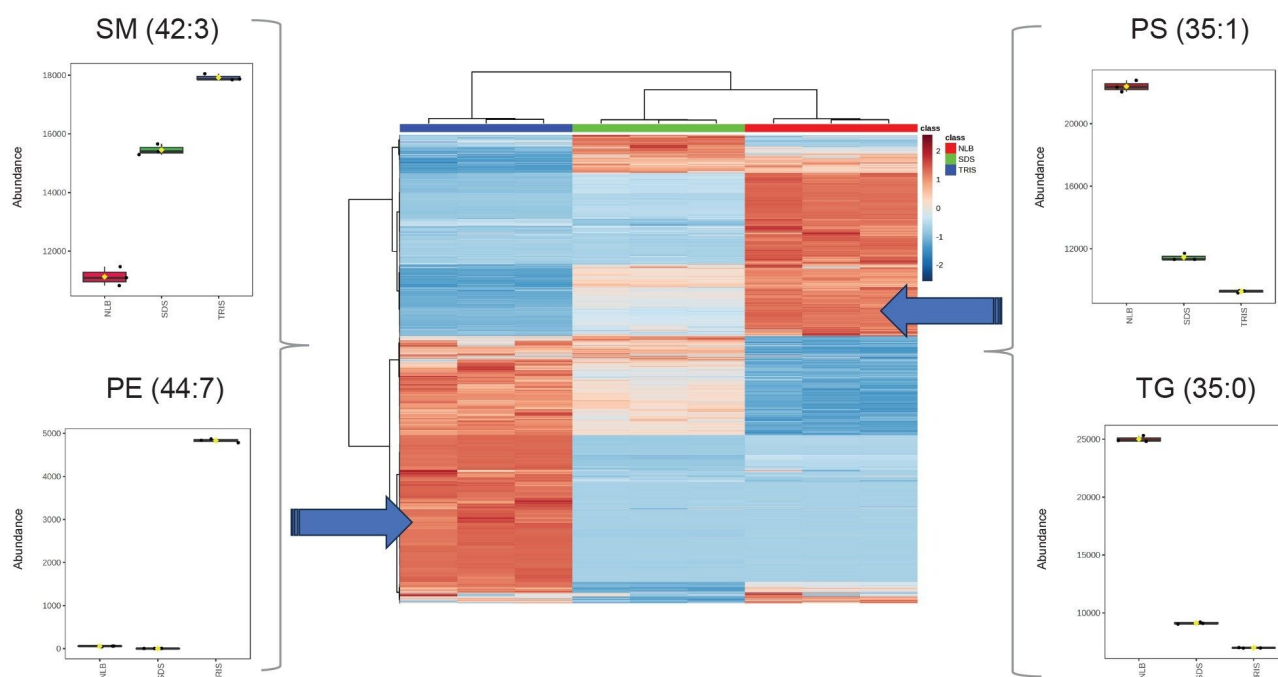
(A)

(B)

Figure 2. Unsupervised PCA (ESI+) lipidomic plot for the three various extraction buffers, consisting of three technical replicates (NLB = red squares, SDS = green circles, TRIS = blue triangles) (A), along with the corresponding loadings plot (B).

Figure 3. Lipidomic (ESI+) overview: Heatmap (central) provides a comparison of the lipid abundances across the three extraction conditions for the most statistically relevant lipids, based on hierarchical clustering (Ward method) and Euclidean-based distance measure. Box-whisker plots provide normalized abundance profiles for representative lipids which are most abundant for the NLB and tris buffer conditions.

The presence of phospholipids is evident for all three buffer conditions and the level at which these key phospholipids are present is of relatively low abundance, hence requiring the high levels of sensitivity and dynamic range provided by the Xevo G3 QTof. Normalized abundance curves (Figure 4) demonstrate the wide in-sample dynamic range that is achieved (approx. 5-orders) with the tris buffer providing a slightly higher abundance for the bulk of the phospholipids identified.
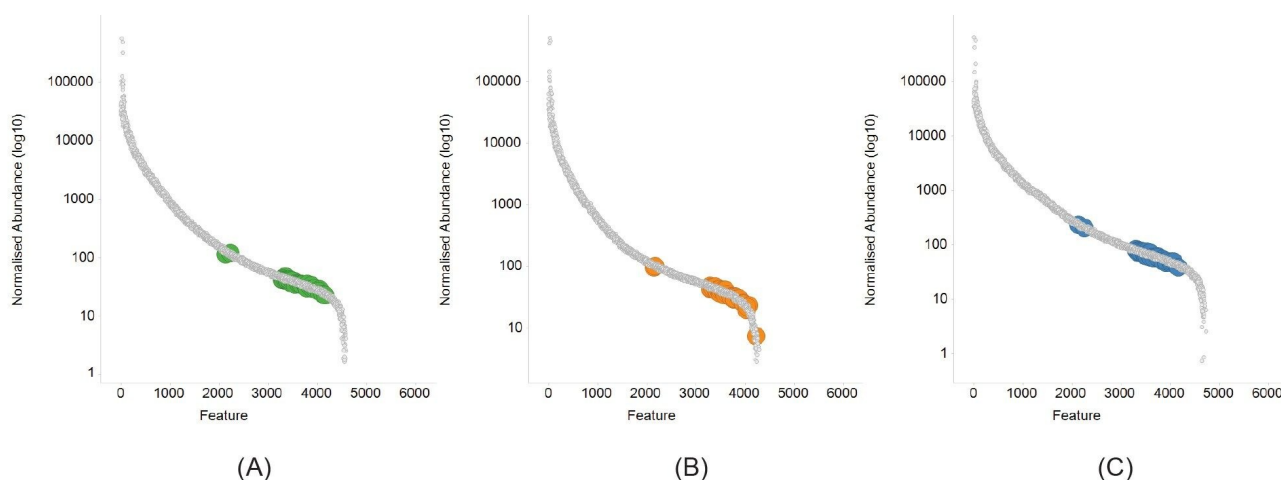
Figure 4. Normalized abundance curves for the three buffers, NLB (A), SDS (B), and Tris (C), demonstrating approximately 5-orders of dynamic range (in-sample) for the ESI+ lipidomic data. Highlighted features correspond to key phospholipid identifications.

The number and variety of polar metabolites extracted from EV enriched samples appears to be highly influenced by the type of extraction buffer used as part of the sample preparation. Generally, utilizing the NLB conditions results in (i) unique metabolites being identified or (ii) for metabolites common to all three buffers, NLB often results in higher recoveries. Utility of the waters_connect API, provides additional flexibility, allowing for data to be interrogated using third party informatic tools. The MARS metabolomic informatic package was used to peak pick and search for compound identifications, whilst also providing relative quantification. Guanidinosuccinic acid (Figure 5) serves as an example metabolite that is extracted with all three buffer conditions; however, its abundance is at least four times higher in the NLB extracts (as shown by the extracted chromatograms (Figure 5A) and associated trend plot (Figure 5B)). These compound classes have previously been reported as being involved in cancer derived cells.[6] Figure 6 further highlights this observation for several other compound classes (apart from homocysteic acid).
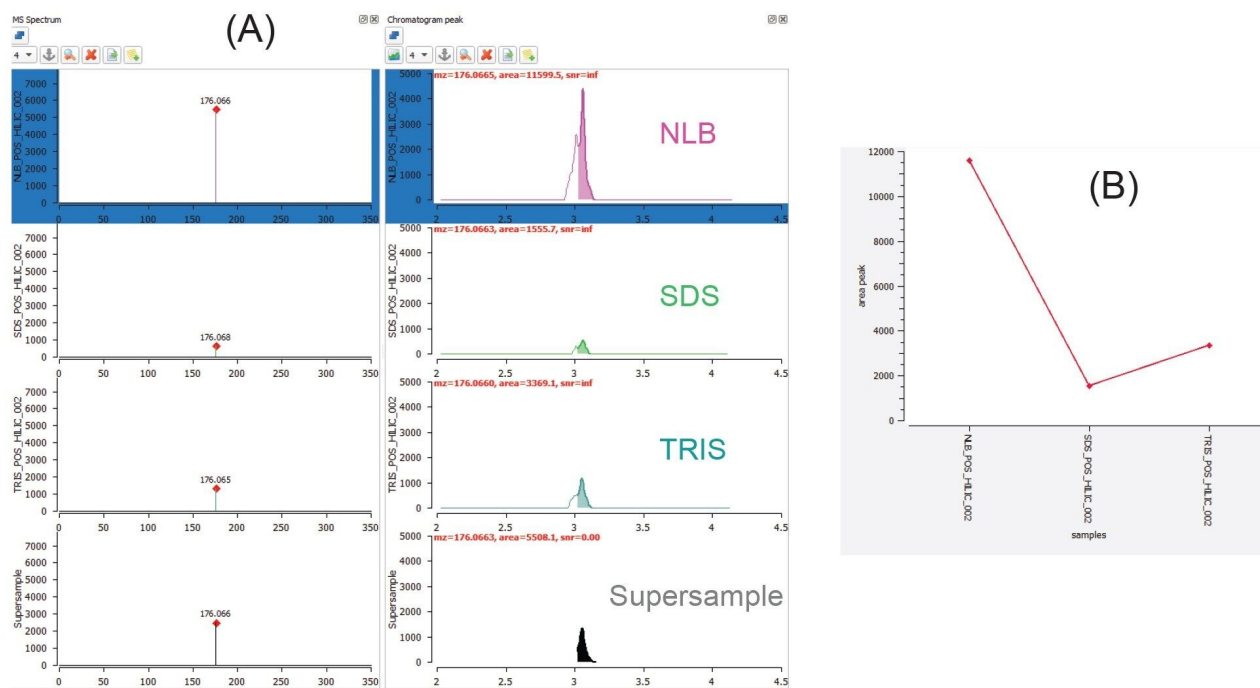
Figure 5. Guanidinosuccinic acid identification provided by the MARS software. The associated MS spectrum and chromatogram for each of the extraction buffers and supersample indicate the varying levels of the compound obtained from each extraction buffer (A). This abundance data is also displayed as a trend plot with a significantly higher abundance highlighted for NLB (B).
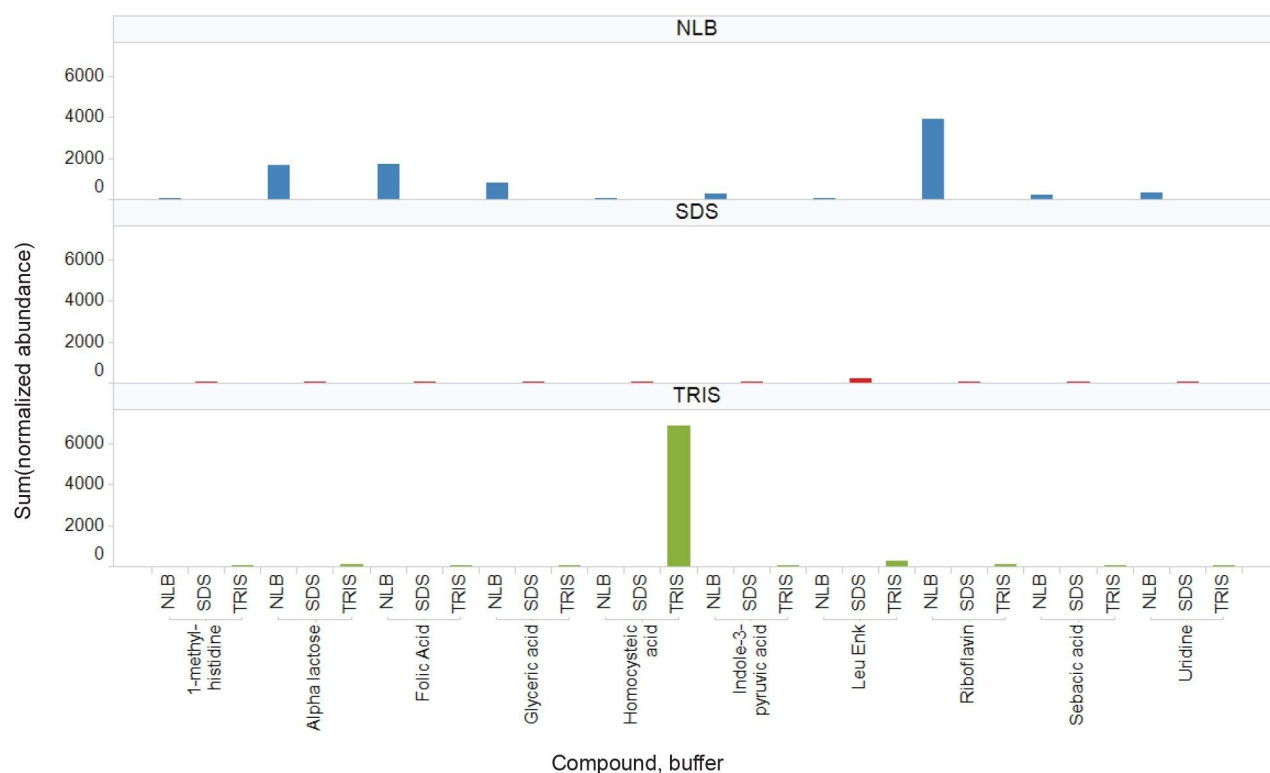
Figure 6. Compound distribution for a selection of biologically relevant identifications from the HILIC-based analyses, comprised of ESI+/-. Extraction using the NLB strategy is shown to be applicable for multiple compound types, while in general, providing higher abundances than SDS or Tris based buffers.

Using the MARS workflow, several significant, biologically relevant polar metabolites were identified, which included amino acids, fatty acids, pyridines, and indoles. Tryptophan (Figure 7) is a highly confident compound identification, which was identified only from the NLB extract and has previously been identified as playing a key role in signaling pathways for skeletal muscle.[7] A combination of mass accuracy (precursor and fragment ion), isotope pattern, fragment ion matches, and retention time all contribute to the overall confidence score.

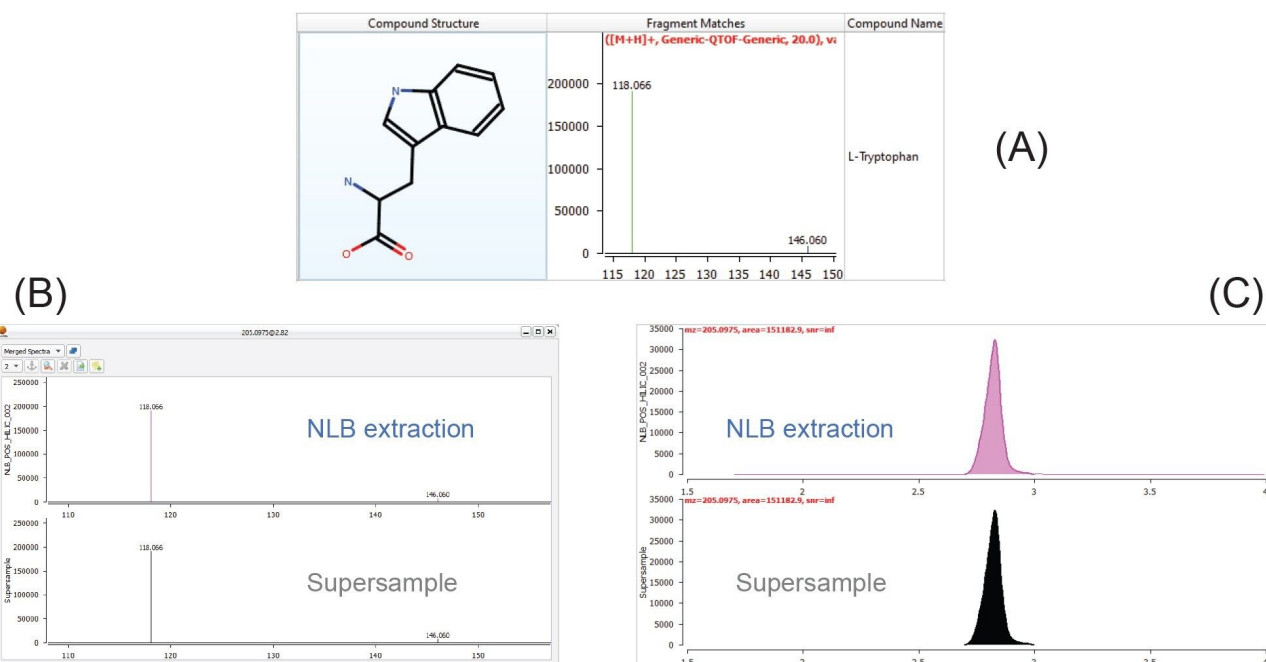| Confidence	Score	Mass Score	Iso. Pat.Score	Fragment Score	Num Frag Matches	Name	Custom Name	Abbreviation	Formula
⭐⭐⭐	75.77	79.74	96.08	59.10	1	(±)-Tryptophan			C11H12N2O2

Figure 7. Example metabolite identified from the NLB extraction only using the MARS software. Tryptophan [M+H] is a highly confident/scoring compound which is an example of a unique metabolite identified from the NLB extraction. The fragment ion spectrum corresponds to tryptophan, with the matched fragment ion represented in green (A). The MS spectrum (B) and extracted chromatogram (C) show tryptophan to be present at high levels for the NLB extract.

Conclusion

The LC-MS analysis of lipids and polar metabolites from EVs has been demonstrated using three different buffer conditions (NLB, SDS, and Tris). Overall, the choice of extraction buffer influenced the class of lipids detected and their abundance, whilst from a polar metabolome perspective, the choice of buffer appeared to have a more considerable effect (*i.e.,* for abundance and the detection of unique polar metabolites). Implementing the Xevo G3 QTof enabled the detection of low-level compounds over a wide dynamic range. Integration with third-party

informatic tools such as MARS via the API, provided highly confident compound identifications with relative quantification, demonstrating a flexible data analysis workflow for discovery, small molecule OMIC analyses.

References

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