

Quantification of 1,25-Dihydroxyvitamin D₂ and D₃ From Human Serum Using Immunopurification, ACQUITY UPLC, and Xevo TQ-S micro

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Abstract

This application note demonstrates, a robust, selective, and sensitive analytical method for the quantification of 1,25 (OH)₂ Vitamin D₂ and D₃ from human serum was developed using the Waters ACQUITY UPLC System and Xevo TQ-S micro Mass Spectrometer. The Xevo TQ-S micro has the ideal combination of sensitivity, reproducibility, and versatility to provide an excellent option for all types of bioanalytical labs.

Benefits

- Highly sensitive and robust method
- Ability to detect 5 pg/mL using Waters ACQUITY UPLC and Xevo TQ-S micro systems
- Accuracy and precision of <15% across the calibration range of 5–500 pg/mL

Introduction

Vitamin D is an important fat-soluble vitamin, which helps maintain bone health. Vitamin D exists in two primary

forms: Vitamin D₃ (cholecalciferol) synthesized from 7-dehydrocholesterol when the skin is exposed to UV radiation from sunlight, and Vitamin D₂ (ergocalciferol) produced by plants and fungi through solar irradiation of ergosterol. Vitamin D is converted first to 25-hydroxyl (OH) Vitamin D by the liver via the CYP family of enzymes (Figure 1). 25 (OH) 25 (OH) Vitamin D is then hydroxylated into its biologically-active form: 1,25-dihydroxy (OH)₂ Vitamin D in the kidneys.

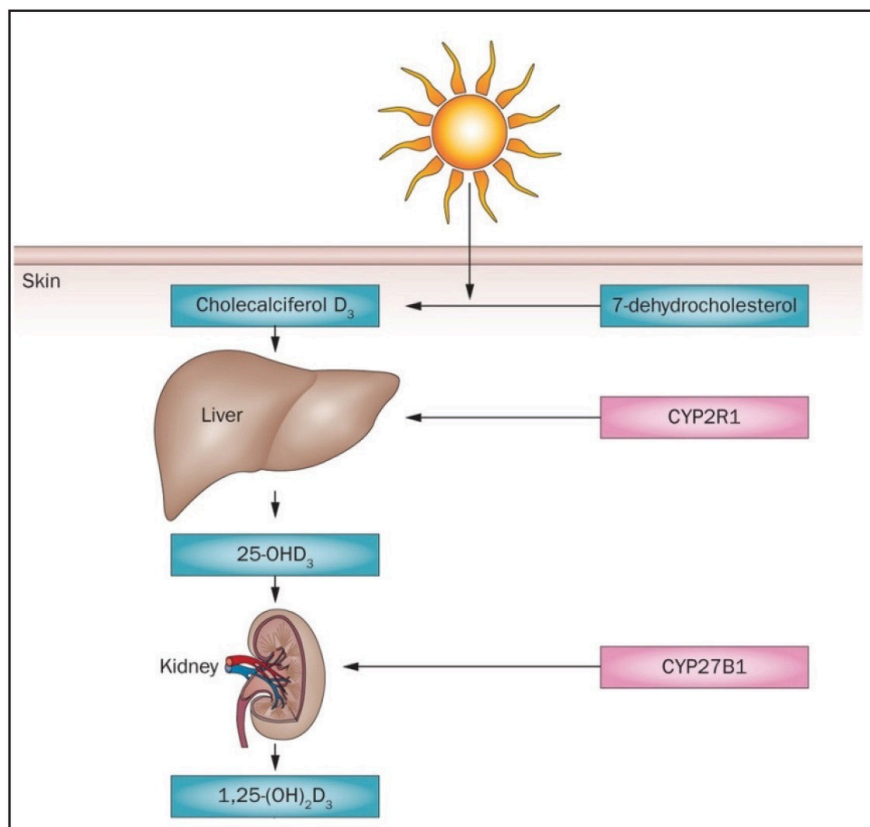


Figure 1. Process for conversion of 7-dehydrocholesterol to 1,25 (OH)₂ Vitamin D₃.²

This conversion is tightly controlled through a cascade pathway which involves calcium, phosphorous, parathyroid hormone, and Vitamin D receptors. Regulated by a feedback mechanism process, 1,25 (OH)₂ Vitamin D circulates in the pg/mL-level range in serum. Main application areas for the measurement of Vitamin D are in nutrition, pharmacokinetic studies, clinical studies, and quality control for foods and supplements.¹

1,25 (OH)₂ Vitamin D from 500 µL of human serum. The eluate from the last step was evaporated to dryness. Samples were derivatized with PTAD (4-phenyl-1,2,4-triazoline-3,5-dione) using 100 µL of 0.75 mg/mL PTAD in acetonitrile, which was added to each tube and allowed to incubate in the dark – at room temperature – for one hour. PTAD was then evaporated using a CryoVac system. The contents of the tubes were reconstituted using 50 µL of 50:50 water–methanol mix. This solution was then transferred to LC MS/MS vials, and 20 µL were injected into a column.

LC conditions

| | |
|-------------------|--|
| Instrument: | Waters ACQUITY UPLC |
| Column: | ACQUITY UPLC BEH C ₁₈ , 1.7 µm, 2.1 mm x 50 mm (P/N 1860002350) |
| Column temp.: | 60 °C |
| Sample temp.: | 4 °C |
| Injection volume: | 20 µL |
| Flow rate: | 0.500 mL |
| Mobile phase A: | 100% water, 0.1% formic acid, 2 mM methylamine |
| Mobile phase B: | 100% methanol, 0.1% formic acid, 2 mM methylamine |
| Gradient: | Start with 50% A and hold for two minutes. Change to 80% B between 2–4 minutes. Followed by one minute of flushing and one minute of equilibration. |

MS conditions

| | |
|--------------------|--|
| Instrument: | Xevo TQ-S micro |
| Ionization mode: | ESI+ |
| Transitions: | 1,25 (OH) ₂ Vit D ₃ – 574.2>314.1 1,25 (OH) ₂ Vit D ₂ – 635.3>314.1 1,25 (OH) ₂ Vit D ₃ Int std – 580.3>314.1 1,25 (OH) ₂ Vit D ₂ Int std – 641.3>314.1 |
| Capillary voltage: | 2.5 kV |
| Cone voltage: | 25 V |
| Desolvation temp.: | 500 °C |
| Desolvation gas: | 1000 L/Hr |
| Cone gas: | 25 L/Hr |

Data management

MassLynx 4.1

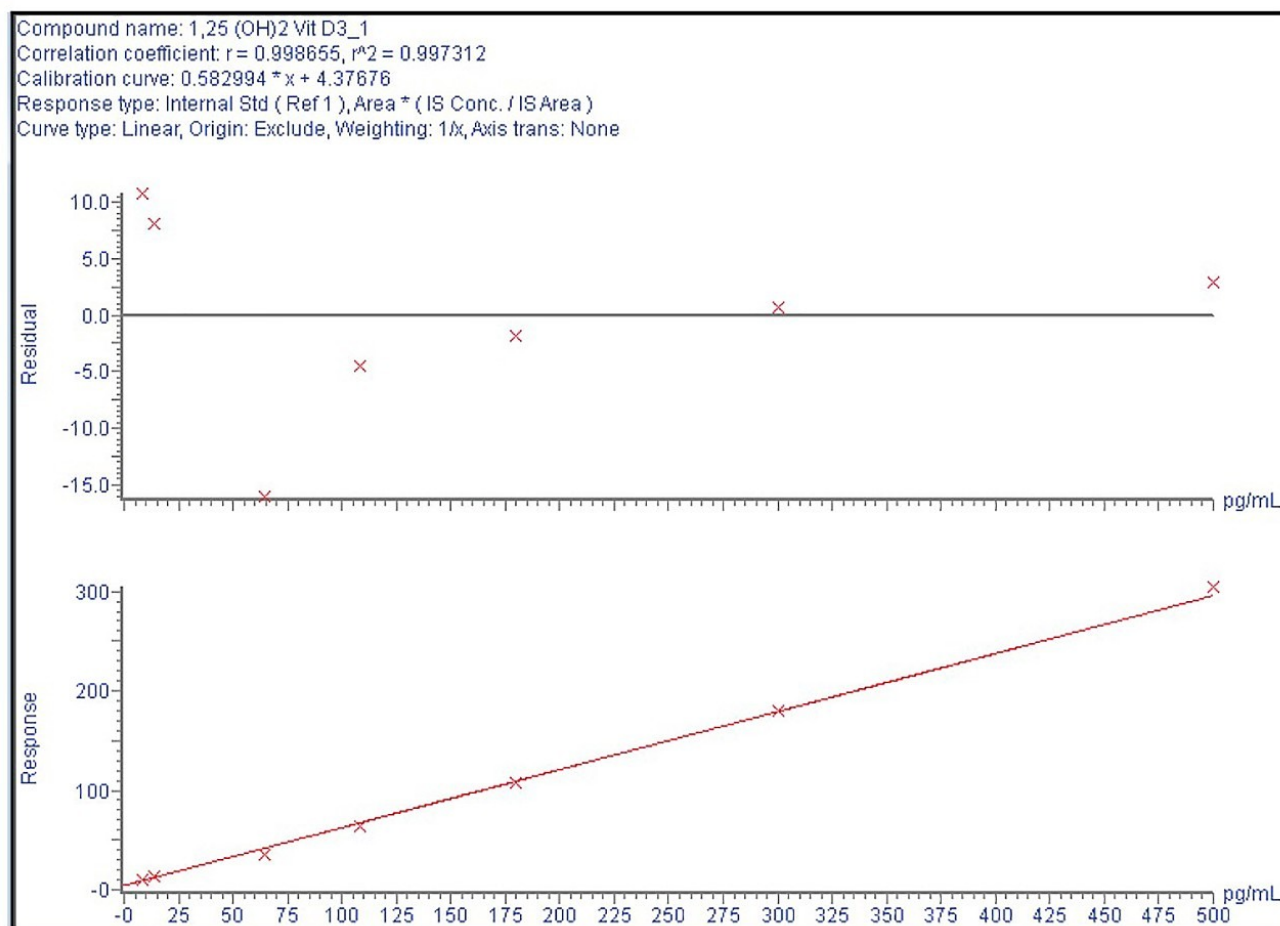
Results and Discussion

1,25 (OH)₂ Vitamin D is an important biomarker tested routinely in clinical and bioanalytical laboratories. The extremely low circulating levels of this molecule, coupled with lack of ionization in electrospray ionization mode, make this a challenging assay. The method described here combines affinity-based sample preparation combined with derivatization to increase ionization as an elegant solution for this analytically-difficult molecule.

Calibration curve and residual plots

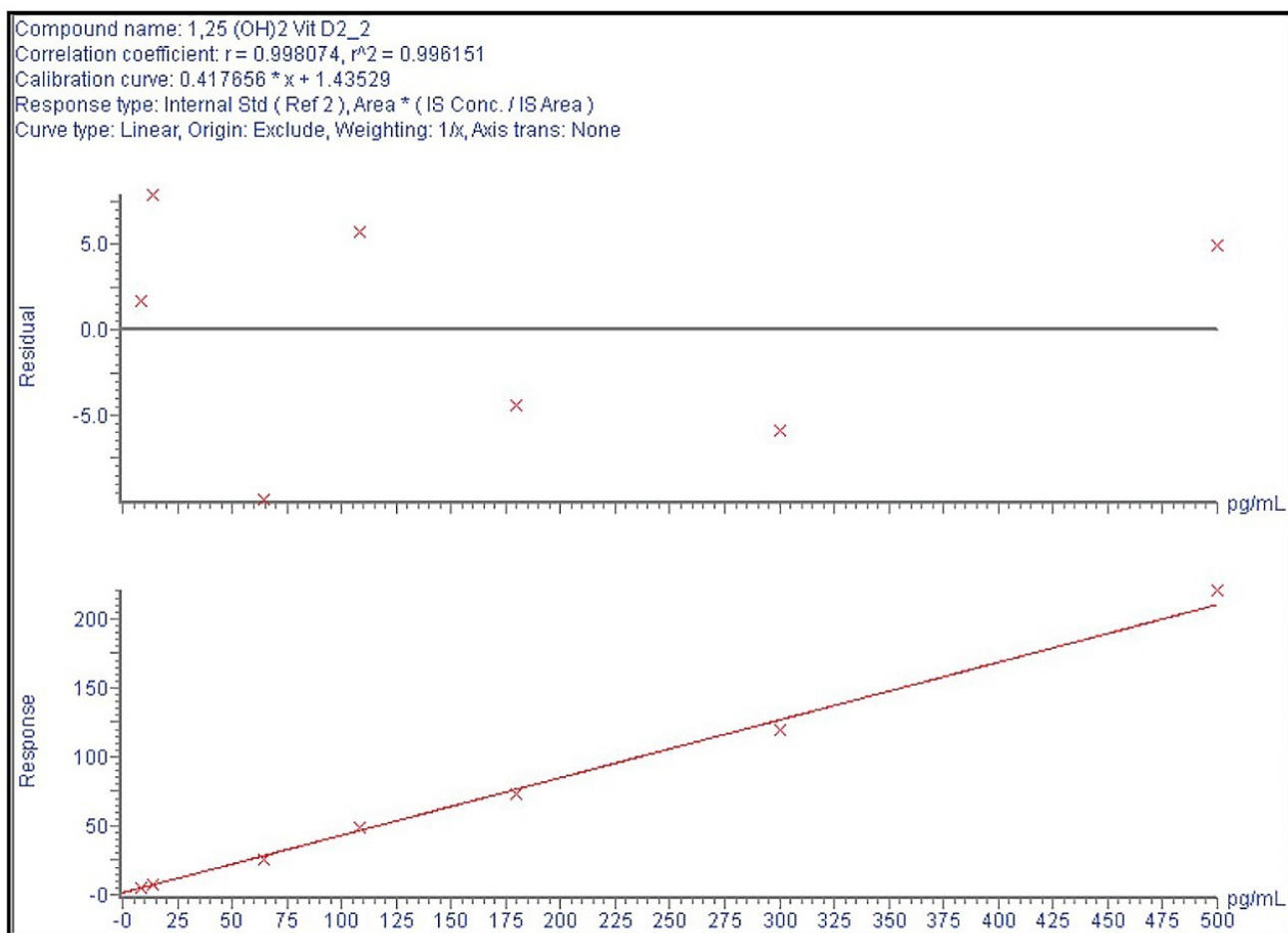
Calibration curve from 5–500 pg/mL is linear and % bias across the range is <15% for both 1,25 (OH)₂ Vit D₂ and

D₃ as shown in Figure 3a and 3b.



3a

Figure 3a. Residual plot and calibration curve for 1,25 (OH)₂ Vit D₃.



3b

Figure 3b. Residual plot and calibration curve for 1,25 (OH)₂ Vit D₂.

Inter-day accuracy and precision

Six replicates at low (30 pg/mL), mid (150 pg/mL), and high (300 pg/mL) QC levels were extracted and injected across three days. The intra-day and inter-day precision and accuracy were <15% at all levels as shown in Tables 1–4.

| 1a | Mean | Std dev | % CV | % Bias | 1b | Mean | Std dev | % CV | % Bias | 1c | Mean | Std dev | % CV | % Bias |
|-------------------|-------|---------|-------|--------|-----------|--------|---------|-------|--------|---------------------|--------|---------|------|--------|
| 30 25.8 | 29.18 | 2.89 | 9.91 | -2.72 | 150 160.7 | 144.73 | 14.16 | 9.78 | -3.51 | 300 270.4 | 273.82 | 9.95 | 3.63 | -8.73 |
| 30 31.4 | | | | | 150 138.9 | | | | | 300 280 | | | | |
| 30 26.4 | | | | | 150 160.4 | | | | | 300 260.6 | | | | |
| 30 28.5 | | | | | 150 128.1 | | | | | 300 268.6 | | | | |
| 30 33.3 | | | | | 150 131.5 | | | | | 300 289.4 | | | | |
| 30 29.7 | | | | | 150 148.8 | | | | | 300 273.9 | | | | |
| 30 34 | 32.83 | 4.77 | 14.51 | 9.44 | 150 145.3 | 148.08 | 14.44 | 9.75 | -1.28 | 300 295.7 | 303.38 | 17.24 | 5.68 | 1.13 |
| 30 26.9 | | | | | 150 159.5 | | | | | 300 333.1 | | | | |
| Intra-day 30 32.3 | | | | | 150 130.2 | | | | | Intra-day 300 296.6 | | | | |
| 30 29.3 | | | | | 150 135.1 | | | | | 300 314.1 | | | | |
| 30 40.8 | | | | | 150 168.4 | | | | | 300 295.2 | | | | |
| 30 33.7 | | | | | 150 150 | | | | | 300 285.6 | | | | |
| 30 25.6 | 28.75 | 3.27 | 11.37 | -4.17 | 150 156.4 | 151.63 | 15.16 | 10.00 | 1.09 | 300 269.5 | 294.27 | 23.47 | 7.98 | -1.91 |
| 30 32.1 | | | | | 150 134.2 | | | | | 300 329.1 | | | | |
| 30 30.5 | | | | | 150 165.6 | | | | | 300 276.2 | | | | |
| 30 32.4 | | | | | 150 130.9 | | | | | 300 304.7 | | | | |
| 30 25.6 | | | | | 150 159.2 | | | | | 300 308.7 | | | | |
| 30 26.3 | | | | | 150 163.5 | | | | | 300 277.4 | | | | |

Table 1a. Intra-day: 1,25 (OH)₂ D₂ – LQC (30 pg/mL). Table 1b. Intra-day: 1,25 (OH)₂ D₂ – MQC (150 pg/mL).

Table 1c. Intra-day: 1,25 (OH)₂ D₂ – HQC (300 pg/mL).

| | LQC | MQC | HQC |
|---------|-------|--------|--------|
| Mean | 30.26 | 148.15 | 290.49 |
| Std dev | 3.98 | 14.01 | 20.99 |
| % CV | 13.15 | 9.46 | 7.22 |
| % Bias | 0.85 | -1.23 | -3.17 |

Table 2. Inter-day precision data: 1,25 (OH)₂ Vitamin D₂.

| 3a | Mean | Std dev | % CV | % Bias | 3b | Mean | Std dev | % CV | % Bias | 3c | Mean | Std dev | % CV | % Bias |
|-------------------|-------|---------|-------|--------|-----------|--------|---------|------|--------|---------------------|--------|---------|------|--------|
| 30 32 | 31.47 | 3.21 | 10.20 | 4.89 | 150 168.4 | 166.90 | 3.48 | 2.09 | -11.27 | 300 334.3 | 332.25 | 12.83 | 3.86 | -10.75 |
| 30 27.2 | | | | | 150 170.8 | | | | | 300 336.3 | | | | |
| 30 27.7 | | | | | 150 167.8 | | | | | 300 342.5 | | | | |
| 30 34.2 | | | | | 150 161.8 | | | | | 300 332.2 | | | | |
| 30 33.8 | | | | | 150 169.1 | | | | | 300 307.3 | | | | |
| 30 33.9 | | | | | 150 163.5 | | | | | 300 340.9 | | | | |
| 30 26.5 | 29.75 | 3.92 | 13.19 | -0.83 | 150 162.3 | 153.17 | 10.86 | 7.09 | -2.11 | 300 314.9 | 316.30 | 22.89 | 7.24 | -5.43 |
| 30 31.7 | | | | | 150 166.3 | | | | | 300 313.5 | | | | |
| Intra-day 30 33.6 | | | | | 150 144.6 | | | | | Intra-day 300 321.5 | | | | |
| 30 34.4 | | | | | 150 145.2 | | | | | 300 274.9 | | | | |
| 30 25.8 | | | | | 150 140.8 | | | | | 300 341.6 | | | | |
| 30 26.5 | | | | | 150 159.8 | | | | | 300 331.4 | | | | |
| 30 26.5 | 28.72 | 2.62 | 9.13 | -4.28 | 150 157.4 | 156.10 | 3.85 | 2.47 | -4.07 | 300 260.1 | 293.32 | 27.33 | 9.32 | 2.23 |
| 30 25.8 | | | | | 150 154 | | | | | 300 316.8 | | | | |
| 30 29.5 | | | | | 150 154.8 | | | | | 300 307.5 | | | | |
| 30 29 | | | | | 150 151 | | | | | 300 256.5 | | | | |
| 30 28.3 | | | | | 150 157 | | | | | 300 309.1 | | | | |
| 30 33.2 | | | | | 150 162.4 | | | | | 300 309.9 | | | | |

Table 3a. Intra-day: 1,25 (OH)₂ D₃ – LQC (30 pg/mL). Table 3b. Intra-day: 1,25 (OH)₂ D₃ – MQC (150 pg/mL).

Table 3c. Intra-day: 1,25 (OH)₂ D₃ – HQC (300 pg/mL).

| | | LQC | MQC | HQC |
|-----------|---------|-------|--------|--------|
| Intra-day | Mean | 29.98 | 158.72 | 313.96 |
| | Std dev | 3.31 | 8.92 | 26.32 |
| | %CV | 11.03 | 5.62 | 8.38 |
| | % Bias | -0.07 | -5.81 | -4.65 |
| | | | | |

Table 4. Inter-day precision data: 1,25 (OH)₂ Vitamin D₃ .

Injection reproducibility

The Waters ACQUITY UPLC and Xevo TQ-S micro displayed robust injection reproducibility as shown below. The % CV for the retention times was 0.32% (Figure 4a) and the % CV for analyte area counts was 5.21% (Figure 4b) – both of which are well within the acceptable criteria.

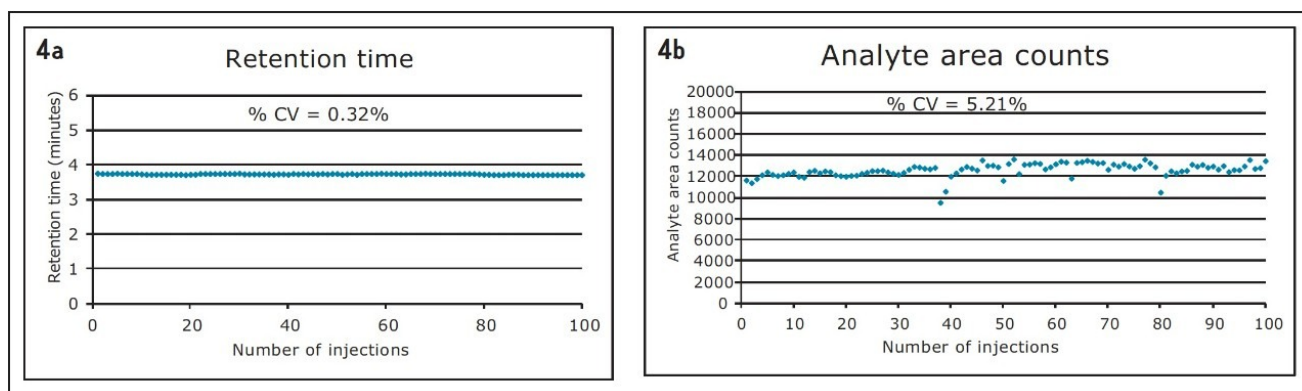


Figure 4a. % CV for retention time over 100 injections. Figure 4b. % CV for analyte area counts over 100 injections.

Instrument dynamic range

The analytical range for this method is from 5–500 pg/mL and covers the relevant concentrations typically found in serum. 1,25 (OH)₂ Vitamin D showed linearity from 50 pg/mL–1 µg/mL using the ACQUITY UPLC and TQ-S micro for the method described here.

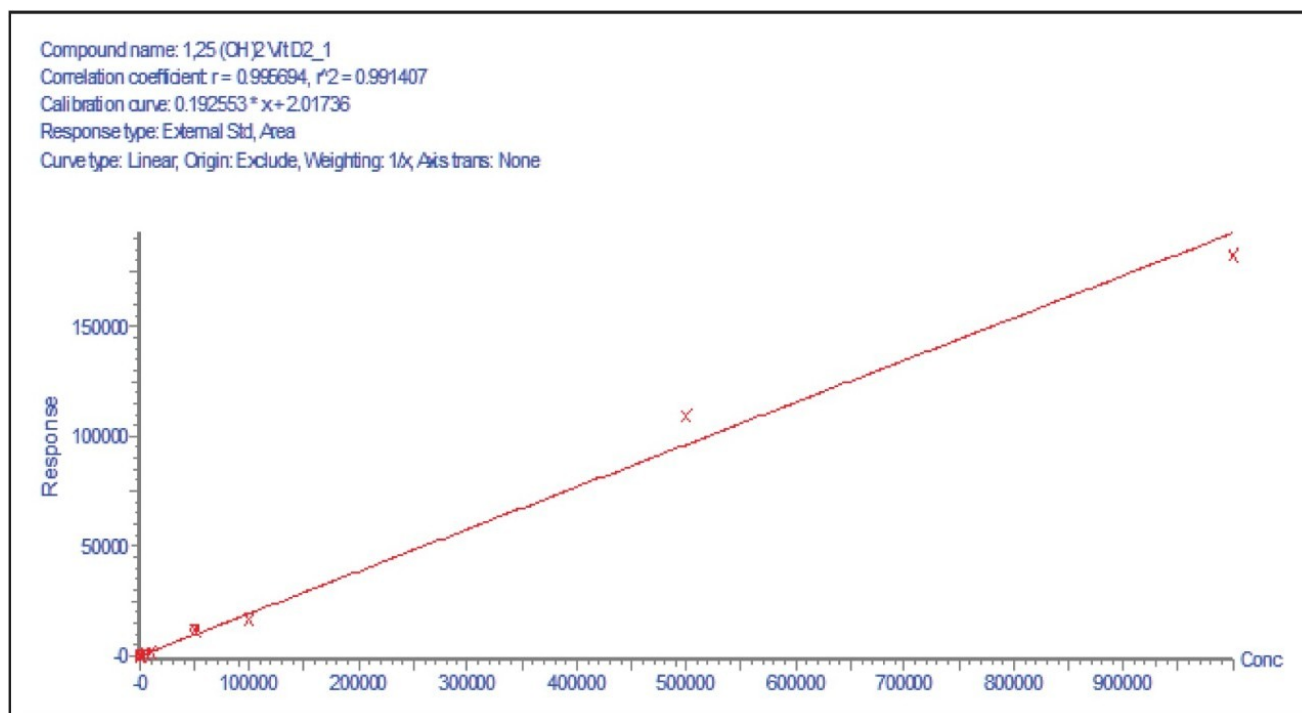


Figure 5. Linear dynamic range >4x.

Conclusion

A robust, selective, and sensitive analytical method for the quantification of 1,25 (OH)₂ Vitamin D₂ and D₃ from human serum was developed using the Waters ACQUITY UPLC System and Xevo TQ-S micro Mass Spectrometer. A limit of quantification of 5 pg/mL was readily achieved while maintaining excellent linearity. Calibration curves for both 1,25 (OH)₂ D₂ and D₃ were linear over the range of 5–500 pg/mL with $r^2 > 0.99$. Across three days, the intra- and inter-day CV as well as the % bias were <15% for both 1,25 (OH)₂ Vitamin D₂ and D₃. Injection reproducibility was excellent with % CV <0.32% for retention time and <5.5% for area counts.

Today's analytical laboratories are becoming more diverse and multi-functional. Lab managers are expected to diversify their analytical platforms within limited lab spaces. The Xevo TQ-S micro has the ideal combination of sensitivity, reproducibility, and versatility to provide an excellent option for all types of bioanalytical labs.

References

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3. Guidance for Industry, Bioanalytical Method Validation. *Food and Drug Administration* (2001).

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- [ACQUITY UPLC System <https://www.waters.com/514207>](https://www.waters.com/514207)
- [Xevo TQ-S micro Triple Quadrupole Mass Spectrometry <https://www.waters.com/134798856>](https://www.waters.com/134798856)
- [MassLynx Mass Spectrometry Software <https://www.waters.com/513164>](https://www.waters.com/513164)

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