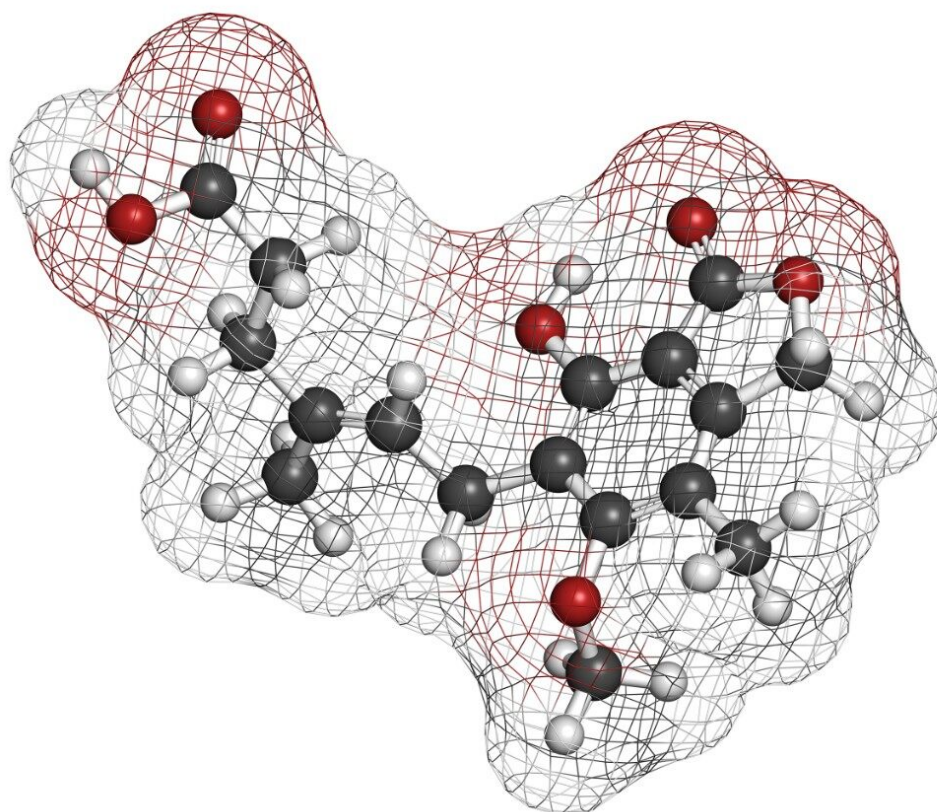


# A Clinical Research Method for the Analysis of Plasma Mycophenolic Acid

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## Abstract

An analytically sensitive, accurate and precise UPLC-MS/MS method has been developed for the analysis of mycophenolic acid in human plasma for clinical research purposes.

This method provides separation of mycophenolic acid from its metabolites through the use of selective chromatography with no significant carryover and minimal matrix effects.

### Benefits

- Quick and easy sample preparation
- Rapid analysis by UPLC-MS/MS
- Chromatographic separation of metabolites

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## Introduction

Mycophenolic acid is an immunosuppressant agent that acts by inhibiting inosine monophosphate dehydrogenase in the purine synthesis pathway required for the growth of B and T cells. Mycophenolic acid is metabolised into mycophenolic acid glucuronide (MPAG) and mycophenolic acid acyl-glucuronide (AcMPAG).

Several existing methods for the analysis of mycophenolic acid lack the ability to separate mycophenolic acid from its metabolites MPAG and AcMPAG. Both glucuronide metabolites undergo in-source fragmentation to generate an interference in the mycophenolic acid MRM transition. In this method, UPLC-MS/MS is able to chromatographically separate mycophenolic acid from its metabolites in a run time of 3 minutes.

A protein precipitation method for the extraction of mycophenolic acid from plasma for clinical research has been developed. Chromatographic separation was performed on an ACQUITY UPLC I-Class System using an ACQUITY UPLC HSS C<sub>18</sub> SB Column followed by detection on a Xevo TQD Mass Spectrometer (Figure 1).



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*Figure 1. The ACQUITY UPLC I-Class System with Xevo TQD.*

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## Experimental

### Sample preparation

Calibrators were prepared using ClinCal multi-level calibrator set (Recipe, Munich, Germany). In-house calibrators were prepared to extend the linear range by spiking mycophenolic acid (Cerilliant, Round Rock, TX, USA) into pooled human plasma (Sera Laboratories, West Sussex, UK). QC samples were ClinChek multi-level control set (Recipe, Munich, Germany). Tri-deuterated ( $^2\text{H}_3$ ) mycophenolic acid (Cerilliant, Round Rock, TX, USA) was used as the internal standard at a concentration of 0.2  $\mu\text{g/mL}$  in 30% aqueous methanol containing 0.1 M zinc sulfate (precipitating solution).

### Sample extraction

An aliquot of sample, 50  $\mu\text{L}$ , was transferred to a micro-centrifuge tube, and precipitating solution, 500  $\mu\text{L}$ , was added to each sample.

The samples were capped and vortexed for 20 seconds prior to centrifugation for 5 minutes at 18800 g. The

supernatants were transferred to a 96-well 1 mL plate and sealed for analysis.

## UPLC conditions

System:	ACQUITY UPLC I-Class with FTN
Column:	ACQUITY HSS C <sub>18</sub> SB, 2.1 x 30 mm, 1.8 µm (P/N 186004117)
Mobile phase A:	Water with 2 mM ammonium acetate and 0.1% formic acid
Mobile phase B:	Methanol with 2 mM ammonium acetate and 0.1% formic acid
Wash solvent:	90% aqueous methanol and 0.1% formic acid
Purge solvent:	30% aqueous methanol
Seal wash:	20% aqueous methanol
Pre-inject wash time:	0 seconds
Post-inject wash time:	30 seconds
Column temp.:	50 °C
Sample temp.:	4 °C
Injection volume:	10 µL
Flow rate:	0.70 mL/min
Gradient:	Table 1
Run time:	2.5 minutes (approximately 3.0 minutes injection)

to injection)

## MS conditions

System:	Xevo TQD
Resolution:	MS1 and MS2 (0.75 FWHM)
Acquisition mode:	Multiple reaction monitoring (MRM) (Table 2)
Polarity:	ESI positive ionization
Capillary voltage:	3.5 kV
Cone voltage:	Table 2
Source temp.:	150 °C
Desolvation temp.:	600 °C
Dwell time:	0.05 seconds
Inter-scan delay:	0.02 seconds
Inter-channel delay:	0.01 seconds

## Data management

MassLynx Software v4.1 with TargetLynx  
Application Manager

## Method conditions

Time (min)	%A	%B	Curve
Initial	70	30	Initial
0.75	60	40	6
1.60	25	75	6
1.61	2	98	1
2.00	70	30	11

Table 1. Gradient table for the chromatographic separation of mycophenolic acid.

Analyte	Precursor ion ( <i>m/z</i> )	Product ion ( <i>m/z</i> )	Cone voltage	Collision energy
Mycophenolic acid (quantifier)	321.1	207.1	22	22
Mycophenolic acid (qualifier)	321.1	159.1	22	38
Mycophenolic acid- <sup>2</sup> H <sub>3</sub> (internal standard)	324.1	210.1	22	22

Table 2. Guideline MRM parameters for mycophenolic acid qualifier, quantifier and internal standard, mycophenolic acid-<sup>2</sup>H<sub>3</sub>.

## Results and Discussion

The method was shown to be linear over the range of 0.1–20.0 µg/mL when different ratios of high and low

concentration pools of mycophenolic acid were combined and analysed in replicates of four. Calibration lines were linear with coefficient of determinations ( $r^2$ ) >0.994. Chromatographic separation of the metabolites of mycophenolic acid was achieved (see Figure 2).

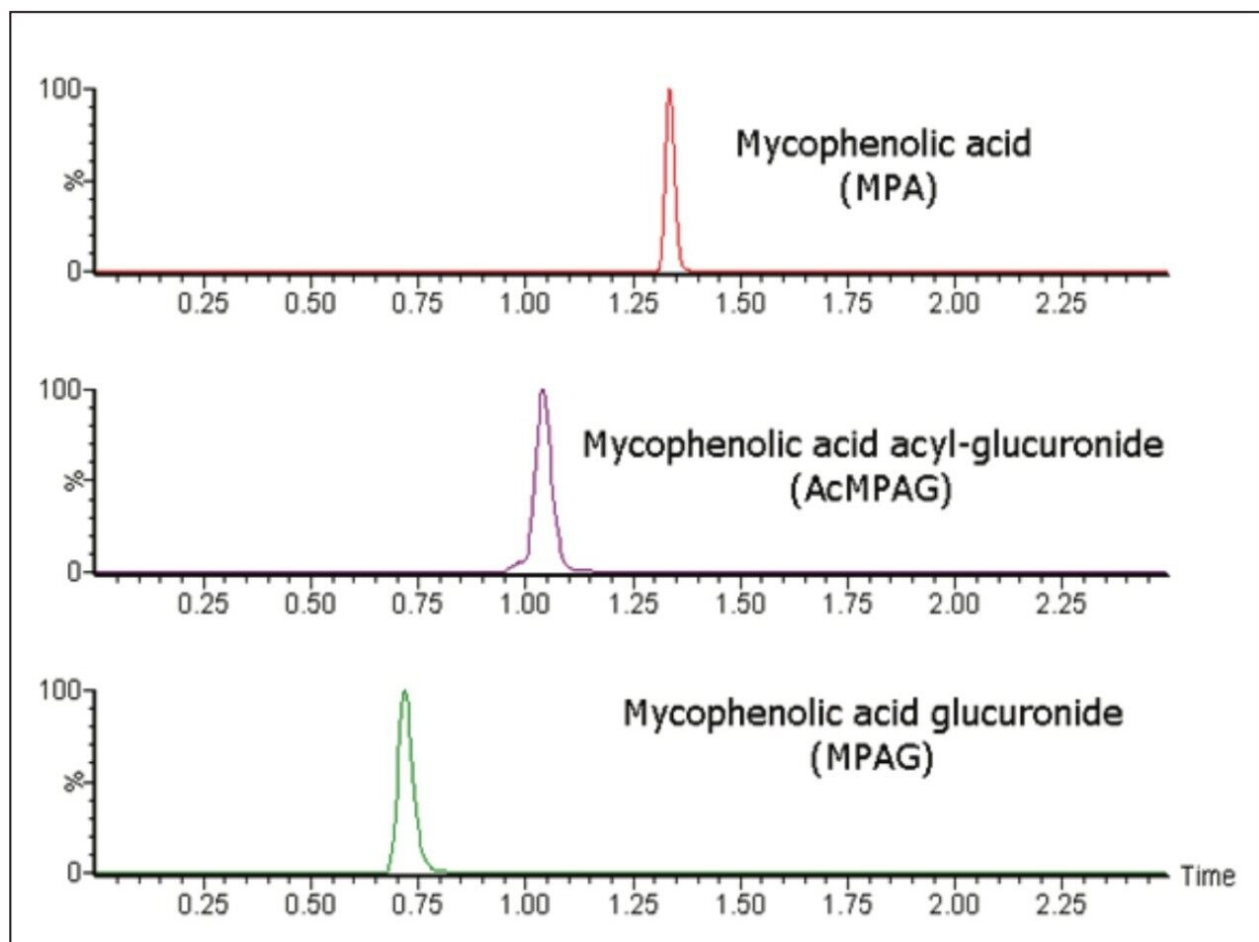


Figure 2. UPLC separation of mycophenolic acid from its metabolites using an ACQUITY UPLC HSS  $C_{18}$  SB Column.

Analytical sensitivity investigations demonstrate that the method would allow precise quantification (<20% RSD) at 0.075  $\mu\text{g/mL}$ . The signal-to-noise ratio of the 0.075  $\mu\text{g/mL}$  samples was >10:1 for ten replicates over three days.

Precision was determined by extracting and quantifying five replicates of tri-level QC material once per day over five separate days ( $n=25$ ). The results of these experiments are shown in Table 3, where total precision and repeatability at the low (0.5  $\mu\text{g/mL}$ ), mid (2.4  $\mu\text{g/mL}$ ), and high (5.0  $\mu\text{g/mL}$ ) concentrations is  $\leq 5.3\%$  RSD.

Compound	Total QC precision (%RSD)			QC repeatability (%RSD)		
	Low	Mid	High	Low	Mid	High
Mycophenolic acid	3.6%	3.5%	5.3%	3.6%	2.7%	3.3%

*Table 3. Total precision and repeatability for the analysis of mycophenolic acid in plasma showing the variation within the data obtained as %RSD.*

No significant system carryover was observed from high concentration samples prepared at 40 µg/mL, into subsequent blank injections. A 1:1 dilution was successfully performed on an over-range sample prepared at 40 µg/mL, providing a mean accuracy of 98% with a %RSD of 5.9%.

Matrix effects were described by matrix factor with and without internal standard. Mean matrix effects were 0.91 and 0.94 for low and high QC concentrations respectively. Calculations using analyte:internal standard peak area response ratio for low and high QC concentrations gave mean matrix effects of 0.97 and 0.96, respectively. These values demonstrate that the internal standard is compensating for minor ion suppression when the analyte alone is examined.

Samples (n=12) were obtained from the International Proficiency Testing (IPT) Mycophenolate Scheme (Bioanalytics.co.uk) and were analysed with the obtained values compared to the HPLC/MS method mean. The determined bias was ≤5.1%.



Sample	IPT HPLC/MS method mean (µg/mL)	IPT sample range		Waters obtained value (µg/mL)	Bias (%)
		Min	Max		
1	1.6	1.0	2.2	1.6	-0.1
2	9.7	7.0	12.4	9.8	0.6
3	12.3	8.1	16.5	12.6	2.2
4	5.1	3.9	6.3	5.3	3.7
5	2.9	2.3	3.5	3.0	4.7
6	5.8	4.3	7.3	5.8	-0.2
7	9.9	6.9	12.9	10.3	3.5
8	3.0	2.1	3.9	3.0	-1.1
9	1.5	0.9	2.1	1.6	5.1
10	1.6	1.3	1.9	1.6	0.1
11	8.0	5.6	10.4	8.3	3.9
12	12.0	8.7	15.3	12.0	0.3

Table 4. The results of analyzing the IPT samples and comparison against the IPT HPLC/MS method mean.

The bias observed between control and test samples (spiked with high level of interference) for the quantitation of mycophenolic acid was <10% for all interferences tested. Interference testing included the metabolites of mycophenolic acid, endogenous compounds including cholesterol and creatinine, and exogenous compounds including itraconazole and everolimus.

A comparison of sample values (n=35) was performed against an independent LC-MS/MS method for the analysis of mycophenolic acid. The data was processed using Analyse-it software (Analyse-it Software Ltd.) and the comparison produced a Deming regression of  $y=0.90x + 0.13$  (Figure 3A). Altman-Bland analysis demonstrated a mean negative bias of -0.05% (Figure 3B).

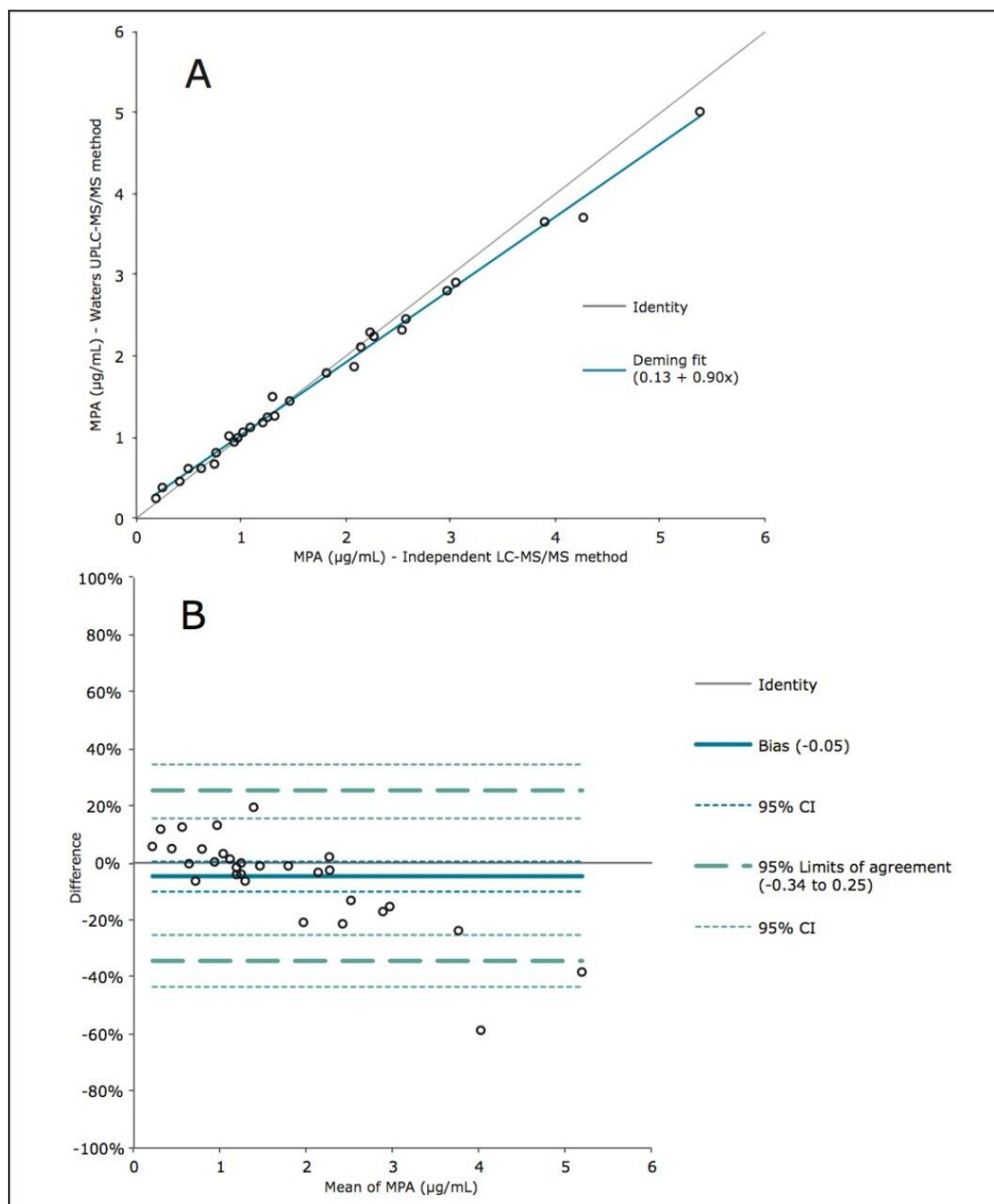


Figure 3. A) Deming regression of the Waters UPLC-MS/MS method compared to an independent LC-MS/MS method for mycophenolic acid analysis, B) Altman-Bland analysis showing the % difference between the Waters UPLC-MS/MS method and an independent LC-MS/MS method for mycophenolic acid analysis.

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## Conclusion

An analytically sensitive, accurate and precise UPLC-MS/MS method has been developed for the analysis of mycophenolic acid in human plasma for clinical research purposes.

This method provides separation of mycophenolic acid from its metabolites through the use of selective chromatography with no significant carryover and minimal matrix effects.

## Acknowledgements

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## Featured Products

ACQUITY UPLC I-Class PLUS System <<https://www.waters.com/134613317>>

Xevo TQD Triple Quadrupole Mass Spectrometry <<https://www.waters.com/134608730>>

MassLynx MS Software <<https://www.waters.com/513662>>

TargetLynx <<https://www.waters.com/513791>>

Available for purchase online:

ACQUITY UPLC HSS C18 SB Column, 100Å, 1.8 µm, 2.1 mm X 30 mm, 1/pkg <  
<https://www.waters.com/waters/partDetail.htm?partNumber=186004117>>

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