# Waters™

응용 자료

# Ephedra Alkaloids in Functional Foods

Waters Corporation



This is an Application Brief and does not contain a detailed Experimental section.

### **Abstract**

This application brief highlights about analysis of ephedra alkaloids in functional food.

## Introduction

The compound analyzed in this study is ephedrine.

## **EPHEDRINE**

# Experimental

#### **HPLC** Method

Flow rate:

Column:	XTerra Phenyl, 2.1 x 150 mm, 3.5 μm	
Part number:	186001181	
Mobile phase A:	10 mM NH <sub>4</sub> HCO <sub>3</sub> , pH 9.5	
Mobile phase B:	ACN	

0.23 mL/min

Isocratic mobile phase composition: 90% A; 10% B

Injection volume:  $5 \mu L$ 

Temperature: 40 °C

Detection:	UV @ 254 nm
Instrument:	Alliance 2695, 2996 PDA

#### Sample Preparation

Accurately weigh 1 gram of ephedra sample into a 100 mL volumetric flask, add 20 mL water and mix. Add
50 mL of MeOH and 1 ml of Internal Standard.

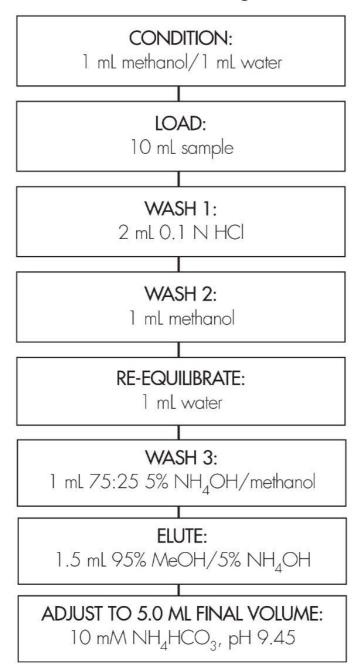
Use 0.5 g sample for ephedra extracts

Use 10 g sample weight for High Protein Powdered Drinks and other functional foods

- · Sonicate for 1 hour at ambient temperature
- · Cool and bring to volume with MeOH
- · Allow the suspended solids to settle, preferably certrifuge
- · Filter a 3 mL aliquot through a 0.45 mm filter before a sample preparation
- · This step is critical to good SPE recovery
- · For SPE, dilute 2 mL of filtered sample extract to 10 mL with 0.1% formic acid (aqueous)

### OASIS® MCX EXTRACTION METHOD

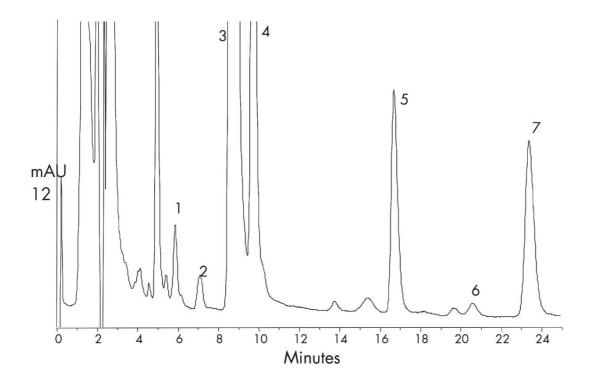
Oasis® MCX Extraction Cartridge, 3 cc/60 mg



#### 100% Level

- 1. norephedrine (NE) 0.24mg/g
- 2. norpseudoephedrine (NPE) 0.40mg/g
- 3. ephedrine (E) 20.0mg/g
- 4. pseudoephedrine (PE) 5.0mg/g
- 5. methylephedrine (ME) 0.70mg/g
- 6. methylpseudoephedrine (MPE) 0.17mg/g

	50% Level	100% Level	150% Level
	% Recovery	% Recovery	% Recovery
	% RSD	% RSD	% RSD
1 NE	81.9 ± 6.7	74.7 ± 5.9	66.7 ± 3.7
	8.12%	7.95%	4.46%
2 NPE	77.6 ± 1.8	66.2 ± 0.8	63.9 ± 0.73
1 occasion	2.25%	1.26%	1.15%
3 E	101.9 ± 2.5	102.3 ± 3.7	98.0 ± 5.5
	8.12%	3.60%	5.60%
4 PE	89.0 ± 1.2	92.3 ± 3.4	92.8 ± 5.3
	8.12%	3.61%	5.70%
5 ME	94.7 ± 4.2	98.7 ± 3.3	81.9 ± 1.8
	4.46%	3.34%	1.88%
6 MPE	99.8 ± 16.3	85.4 ± 13.3	88.0 ± 7.7
	16.4%	15.6%	8.73%



## Featured Products

Alliance HPLC System <a href="https://www.waters.com/534293">https://www.waters.com/534293</a>

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